



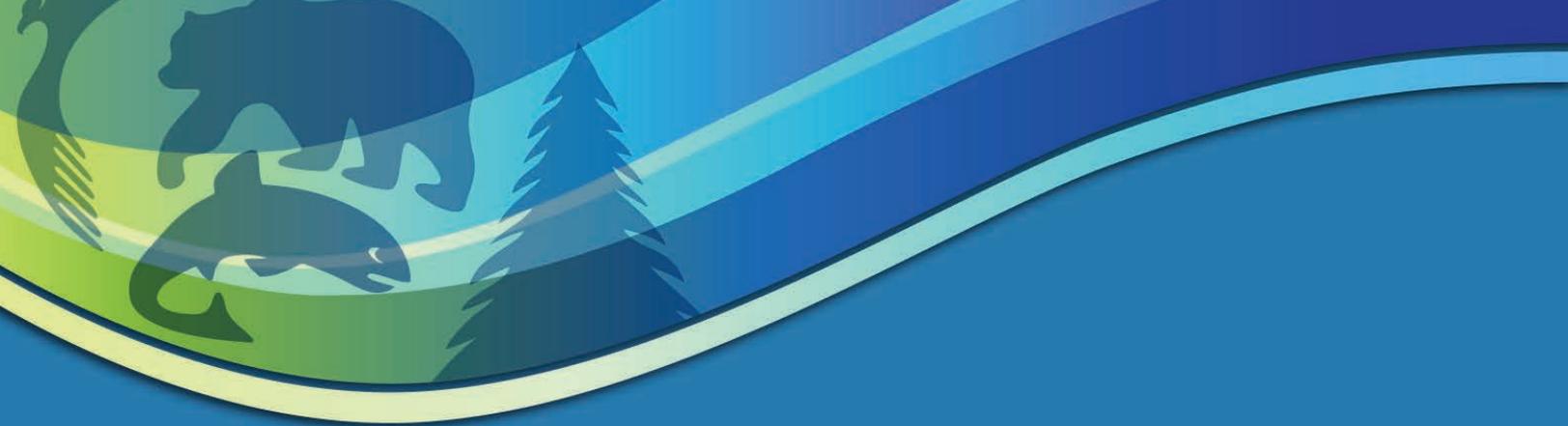
First Nations Food, Nutrition and Environment Forum

Partnership through Research, Research through Partnership

November 5-6, 2019 | Delta Ottawa City Centre | 101 Lyon Street North | Ottawa, Ontario

FORUM PROGRAM

Prepared on: 10/24/2019



First Nations Food, Nutrition and Environment Forum:

Partnership through Research, Research through Partnership

Over the past 10 years, the First Nations Food, Nutrition and Environment Study (FNFNES) has worked with 92 First Nations from across Canada to gather information about current traditional and store-bought food use, food security, nutrient values and environmental contaminants in traditional foods, and heavy metals and pharmaceuticals in drinking and surface water.

Participants will be provided the opportunity to discuss a decade's worth of FNFNES findings and consider associated policy and program recommendations. The Forum will also honour and thank all who participated in this study.

Forum Goals will include:

- Sharing information regarding the national results of the First Nations Food, Nutrition and Environment Study;
- Discussing study findings to identify further policy, program and research priorities; and,
- Linking leaders in this field to support the launch of a positive new research initiative with First Nations.

Acknowledgements:

The Assembly of First Nations would like to acknowledge the following sponsor of the First Nations Food, Nutrition and Environment Forum:



Indigenous Services
Canada

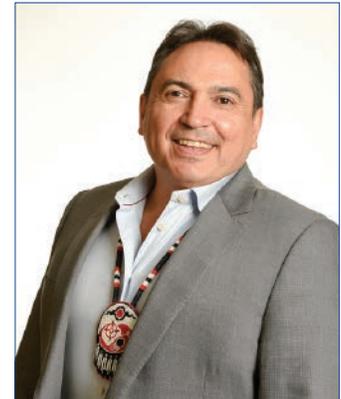
Services aux
Autochtones Canada



Welcome from National Chief Perry Bellegarde

On behalf of the Assembly of First Nations (AFN) and the Executive Committee, I am pleased to welcome you to the First Nations Food, Nutrition and Environment Study (FNFNES) National Forum.

Over the past 10 years, the FNFNES examined nutrition, traditional foods and environmental contaminants in First Nations territories across all eight AFN regions south of the 60th parallel. This is the first comprehensive study ever conducted to address knowledge gaps relating to the diet, food systems, traditional foods and environmental contaminants to which First Nations are exposed.



This forum plays a significant role as it will bring us all together to facilitate a dialogue and share knowledge to address core issues, such as nutrition, food security, climate change and environmental contaminants, that are vital to the well-being of our people and future generations.

Our people deserve adequate access to nutrition, safe traditional foods, clean water, uncontaminated fish, a healthy environment, and a way of life that promotes physical, mental, spiritual, social and cultural well-being. This is necessary to close the health gap and reduce the disproportionately high rates of disease, such as diabetes, cancer, infections and cardiovascular illness that exist among our people.

The forum will utilize a central theme of “Partnership through Research, Research through Partnership” to foster dialogues and knowledge exchange on important topics such as food security & sovereignty, resilient food systems, environmental sustainability, and their implications on the livelihood and wellbeing of First Nations.

In addition to reporting on the FNFNES, a major new research project recently mandated by the Chiefs-in-Assembly: Food, Environment, Health, and Nutrition of First Nations Children and Youth (FEHNCY) Study; will also be officially launched at this Forum. As such, while this Forum marks the end of one project, it also marks the start of an important journey towards securing a sustainable environment for our children, where they can have access to healthy food, clean water and safe environment. The goal of this project is to ensure that our children can lead healthy lives and reach their full potential while having an opportunity to stay connected to their indigenous roots, cultures and heritage.

I would like to express my gratitude to all those who made this study a reality. Your dedication and diligence in ensuring the success of this study did not go unnoticed. I would like to thank the First Nations involved, their leadership and professionals, our partners, principal investigators, Health Canada and Indigenous Services Canada for your roles and contributions to this project. The study will make a positive difference in the lives of our peoples.

*National Chief
Perry Bellegarde*

Welcome from Regional Chief Kluane Adamek, Yukon

Dannch'e

It is with great pleasure that I welcome you all to the First Nations Food, Nutrition and Environment Study (FNFNES) National Forum. As the Assembly of First Nations (AFN) lead on the Environment portfolio, it is an honour to advocate for the sustainability of our environment and the need to ensure that the right of our people and children to lead healthy lives is not jeopardized by environmental changes.

The FNFNES provides important information on how the health of our environment relates to the safety and quality of the food and water First Nations consume, including traditional and store-bought food. Given the strong connection between food, nutrition, water and health outcomes, it is highly imperative that we learn more about the current state of our environment and what this means for the health, culture and well-being of First Nations.

Environmental degradation has been linked to food insecurity, loss of culture and high rates of diseases such as diabetes, cancer and cardiovascular illnesses among First Nations. The FNFNES helps to put these issues into context by providing baseline information on the extent to which they exist in our communities, and thus underscores the importance of data collection as we endeavor to close the health gap that exist between First Nations and non-Indigenous Canadians.

This Forum will create an opportunity for First Nations representatives, leadership and partners to come together to exchange knowledge, identify priorities and facilitate a dialogue on food, nutrition and environmental issues in First Nations communities.

I am also pleased to introduce a major new research project recently mandated by the Chiefs-in-Assembly: Food, Environment, Health, and Nutrition of [First Nations] Children and Youth (FEHNCY) Study. This new study seeks to address knowledge gaps relating to the health of First Nations children and youth, particularly with regards to exposure to environmental contaminants, food insecurity and poor housing conditions, among others. In addition to providing key information, the study will also build capacity within communities and regions to address nutrition and environmental health issues in First Nations.

I commend you all for taking the time to be part of this important gathering to share your knowledge and engage in a dialogue. I also thank all the First Nations communities, leadership and technicians as well as government and academic partners who made this study possible, your contributions to this project is of immense value.

Gunalcheesh!

Kluane Adamek
Yukon Regional Chief



Welcome from Regional Chief RoseAnne Archibald, Ontario

I am pleased to welcome you all to the First Nations Food, Nutrition and Environment Study (FNFNES) Forum. As Regional Chief, I advocate for the inherent and Treaty Rights of First Nations to health and well-being. The FNFNES study was conducted to address knowledge gaps relating to nutrition and environmental contaminants, including the safety and quality of traditional and store-bought foods. The findings from this study will provide baseline information to facilitate discussions on food, nutrition and environmental issues in First Nations communities.

The importance of clean water, healthy food and a sustainable environment cannot be overemphasized. Our teachings highlight the significance of our relationship to the land; a connection that plays a key role in the health, culture, way of life, and ultimately, well-being of our people. Our health is linked to the health of the environment; hence, the need to continue to advocate for a sustainable environment.

This forum would also mark the start of a major new research project recently mandated by the Chiefs-in-Assembly: the Food, Environment, Health, and Nutrition of [First Nations] Children and Youth (FEHNCY) Study. This is an important study as it relates to the health of our children and the future of our communities.

Special thanks to all First Nations, principal investigators and partners that were involved in this important study. I look forward to building stronger partnership to improve the health status of First Nations.

Ninanaskamon!

Wishing you peace beyond all understanding.

RoseAnne Archibald
Ontario Regional Chief



FORUM INFORMATION

FORUM APP/MOBILE SITE

The Assembly of First Nations (AFN) is pleased to have an app/mobile site for the First Nations Food, Nutrition and Environment Forum, which can be accessed at events.afn.ca on your cell phone, tablet or laptop. The app will have information, including agenda, presentations, speaker information, session times and their locations as well as announcements and updated information during the Forum.

SIMULTANEOUS INTERPRETATION INTO FRENCH

Please note that simultaneous interpretation into French is available in the Delta Hotel Ballroom (Main Plenary).

In addition, there will be one workshop during each workshop period that will be interpreted into French. Please consult the program agenda to see what sessions will take place in the main plenary. Headsets can be picked up inside of the Ballroom in the back of the room.

FIRST NATIONS FOOD, NUTRITION AND ENVIRONMENT STUDY



We would like to thank all those who made the First Nations Food, Nutrition and Environment Study (FNFNES) a reality. Your dedication and commitment to the study is of immense value. Special thanks to all First Nations communities, leadership and professionals, our partners and principal investigators for your roles and contributions to this project.

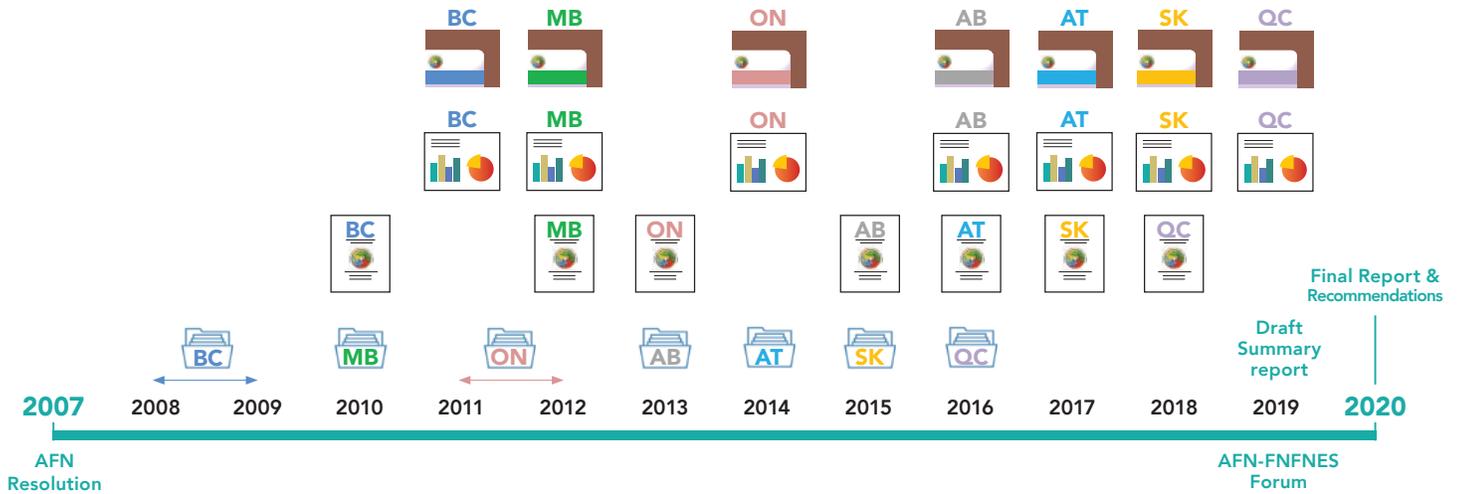


uOttawa

Université 
de Montréal

FNFNES TIMELINE

	data collection
	community reporting back
	data training workshop
	regional report release
AT	= NB NL NS PEI
QC	= QC & LAB



FORUM AGENDA

Over the past 10 years, the First Nations Food, Nutrition and Environment Study (FNFNES) has worked with 92 First Nations, from across Canada, to gather information about current traditional and store-bought food use, food security, the nutrient values and environmental chemical hazards in traditional foods, and heavy metals and pharmaceuticals in drinking and surface water. This two-day Forum brings together First Nations representatives, academics and government officials to facilitate a dialogue on food, nutrition and environmental issues in First Nations communities, and re-invigorate research partnerships between First Nations and academia, including the launch of a new study.

FORUM GOALS:

- Share information regarding the national results of the First Nations Food, Nutrition and Environment Study.
- Discuss study findings to identify further policy, program and research priorities.
- Link leaders in this field to support the launch of a positive, new research initiative with First Nations.

Day 1 – Tuesday, November 5, 2019 FNFNES National Results – “Learning from the Past”		
7:30 a.m.	Registration	Delta Ottawa Lobby
7:30 a.m.	Hot Breakfast (provided)	International Ballroom Foyer
9:00 a.m.	Opening Ceremony: <i>Drum Group: Bear Nation Singers</i> <ul style="list-style-type: none"> • Opening Prayer by Elder Rose Wawatie-Beaudoin • Welcome Remarks from Councillor Barbara Sarazin, Algonquins of Pikwakanagan First Nation 	International Ballroom
9:15 a.m.	Message from the Assembly of First Nations	
9:30 a.m.	Opening Remarks: Dr. Valerie Gideon, Senior Assistant Deputy Minister, First Nations and Inuit Health Branch, Indigenous Services Canada	
9:45 a.m.	Opening Remarks: Sylvain Charbonneau, Vice President of Research, University of Ottawa	
10:00 a.m.	Keynote Address: The Intersection of Food Security & Sovereignty, Environment and Sustainable Development Goals (SDGs) <ul style="list-style-type: none"> • Danika Littlechild, Maskwacis First Nation 	

Day 1 – Tuesday, November 5, 2019 FNFNES National Results – “Learning from the Past”		
10:30 a.m.	Networking/Health Break	
10:45 am	<p>10 years of FNFNES - An Overview & FNFNES National Results Summary</p> <ul style="list-style-type: none"> • Dr. Laurie Chan, University of Ottawa • Dr. Tonio Sadik, Assembly of First Nations • Dr. Malek Batal, Université de Montréal <p>Question and Answer Session</p>	
12:00 pm	LUNCH (provided)	
1:00 pm	<p>FNFNES Study Recommendations:</p> <ul style="list-style-type: none"> • In preparation for the Regional Breakout Sessions, an overview of key study recommendations will be provided. 	
1:45 p.m.	<p>REGIONAL BREAKOUT SESSIONS</p> <p>Questions to Consider: What do these recommendations mean to you – are they accurate? Do any of the recommendations need to change? What other recommendations do you have?</p> <ul style="list-style-type: none"> • Atlantic in the Chaudiere Room (<i>Convention Level</i>) • Quebec and Labrador in the International Ballroom (<i>Plenary Room</i>) • Alberta, Saskatchewan and Manitoba in the Richelieu Room (<i>Convention Level</i>) • Ontario in the Frontenac Room (<i>Convention Level</i>) • British Columbia in the Joliet Room (<i>Convention Level</i>) 	
2:45 p.m.	Networking/Health Break in the International Ballroom Foyer	
3:00 p.m.	<p>Learning From The Past – Long Lasting Legacies:</p> <ul style="list-style-type: none"> • <i>Grassy Narrows First Nation - Myriam Fillion and Judy DaSilva, Grassy Narrows First Nation</i> • <i>Community Driven Traditional Food Studies - Claire McAuley, Intrinsic Corp.</i> • <i>Experience from Aamjiwnaang First Nation - Natalie Nahmabin, Aamjiwnaang First Nation</i> <p>Question and Answer Session</p>	International Ballroom
4:20 p.m.	Recap/End of Day 1	

DAY 2 – Wednesday, November 6, 2019 SHARING and ADVOCACY – “Looking to the Future”		
8:00 a.m.	Registration open <i>Hot Breakfast (provided)</i>	International Ballroom Foyer
9:00 a.m.	Welcome and Overview of Day 2	International Ballroom
9:10 a.m.	Keynote Address: Indigenous Value-Based Approaches to Food Sovereignty: Mi'kmaw Example <ul style="list-style-type: none"> • <i>Dr. Diana Lewis, Assistant Professor of Geography/First Nations Studies, Western University</i> 	
9:30 a.m.	CONCURRENT BREAKOUT SESSIONS: Community Issues, Concerns And Solutions	
	Workshop #1 – Water Governance and Indigenous Well-Being: Climate Change, Contaminants, Traditional Harvest and Indigenous Children’s Environmental Health <i>Presenter(s): Dr. Paivi Abernethy, Waterloo University</i> In this session, linkages between water governance, contaminants, climate change, traditional harvest, and Indigenous children’s environmental health will be discussed. Studies show that improving the physical environment and Indigenous participation in environmental decision-making improves health among Indigenous Peoples. The presentation includes introduction to the latest research and practices on Indigenous water governance and sharing of experiences and thoughts to help guide future research and policy development.	International Ballroom <i>(Simultaneous Interpretation Available)</i>
	Workshop #2 – Food (in)Security <i>Presenter(s): Dr. Shailesh Shukla, University of Winnipeg</i> In spite of emerging research on food security and well-being issues among Indigenous communities in Canada, what is least-explored is the value of Indigenous perspectives and knowledges when generating valuable insights for scientific research and viable alternatives for current and future food security policy and programs. In this presentation, cross-cultural community-based research based on participatory case studies is presented to demonstrate the potential of Indigenous food systems and associated knowledges in current and future of food security and food sovereignty. In addition to challenges, lessons and Initiatives to strengthen and revitalize Indigenous food systems will also be highlighted.	Richelieu Room Convention Level

DAY 2 – Wednesday, November 6, 2019

SHARING and ADVOCACY – “Looking to the Future”

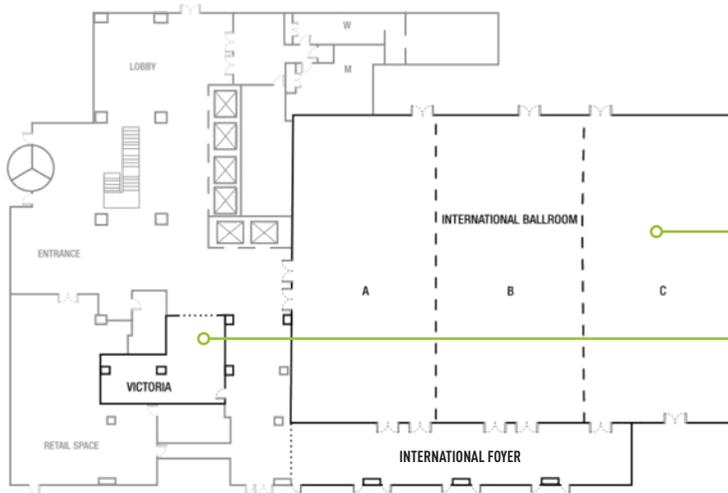
	<p>Workshop #3 – Emerging Traditional Food Safety (Chronic Wasting Disease)</p> <p><i>Presenter(s): Dr. Jennifer Provencher and Dr. Alex Petiquan</i></p> <p>Chronic Wasting Disease (CWD) is a fatal neurological disease that affects cervids in Canada. This presentation will review the current state of knowledge of CWD in cervids in Canada, including caribou, and some actions that are being put into place to prevent the spread of the disease. It will also highlight the public health considerations, including the risk of CWD to humans, signs of CWD to look for, diagnosing CWD, and risk mitigation advice for hunters and other people that handle animals at risk for CWD.</p>	<p>Frontenac Room Convention Level</p>
	<p>Workshop #4 – Understanding the Role of Community Food Environments: Participatory Mapping Activity and Discussion</p> <p><i>Presenter(s): Dr. Brittany Wenniser:iostha Jock and Dr. Treena Wasonti:io Delormier</i></p> <p>Food environments influence the foods we are able to eat on a daily basis and therefore, our long-term health. Drs. Jock (Kanien’kehaka from Akwesasne) and Delormier (Kanien’kehaka from Kahnawake) will give a presentation describing modern food systems and sovereignty of FN communities. Following this presentation, they will facilitate a participatory mapping activity and discussion to understand the role of local community environments in shaping community wellness. Please come ready to map your local food environments and engage in group discussion about your daily food practices and explore the meanings related to these foods.</p>	<p>Joliet Room, Convention Level</p>
<p>10:30 a.m.</p>	<p>Networking/Health Break</p>	
<p>10:45 a.m.</p>	<p>FNFNES Applied: Sharing Community and Regional Experiences - Resilient Food Systems</p> <ul style="list-style-type: none"> • <i>Healthy Roots Community Initiative and Research - Kelly Gordon, Six Nations of the Grand River, Ontario</i> • <i>Natoaganeg Community Food Centre - Erica Ward, Eel Ground First Nation, New Brunswick</i> • <i>Modern Treaty and Licensing - Denise Smith, Tla’amin Nation, British Columbia</i> • <i>Muskeg Lake Food Forest - Glenna Cayen, Muskeg Lake Cree Nation, Saskatchewan</i> 	

DAY 2 – Wednesday, November 6, 2019 SHARING and ADVOCACY – “Looking to the Future”		
12:00 p.m.	LUNCH (provided)	
LAUNCH: THE FOOD, ENVIRONMENT, HEALTH AND NUTRITION OF FIRST NATIONS CHILDREN AND YOUTH STUDY		
1:00 p.m.	Ceremonial Launch of the Food, Environment, Health and Nutrition of First Nations Children and Youth Study	International Ballroom
1:15 p.m.	FNFNES to FEHNCY: An overview of FEHNCY • <i>Principal Investigators</i>	
LAUNCH: THE FOOD, ENVIRONMENT, HEALTH AND NUTRITION OF FIRST NATIONS CHILDREN AND YOUTH (FEHNCY) STUDY		
1:45 p.m.	REGIONAL BREAKOUT SESSIONS: Questions to Consider: What are the lessons learned from FNFNES? How can these lessons learned be applied to FEHNCY? • Atlantic in the Chaudiere Room (<i>Convention Level</i>) • Quebec and Labrador in the International Ballroom (<i>Plenary</i>) • Alberta, Saskatchewan and Manitoba in the Richelieu Room (<i>Convention Level</i>) • Ontario in the Frontenac Room (<i>Convention Level</i>) • British Columbia in the Joliet Room (<i>Convention Level</i>)	
2:45 p.m.	Keynote Address & Closing Reflections: • <i>Autumn Peltier, Anishinabek Nation Chief Water Commissioner</i> • <i>Danika Littlechild, Rapporteur, Maskwacis First Nation</i>	
3:15 p.m.	Closing Remarks • Door Prizes	
3:30 p.m.	Closing Prayer and Adjourn	

Delta Hotel Ottawa City Centre

101 Lyon Street North, Ottawa, Ontario

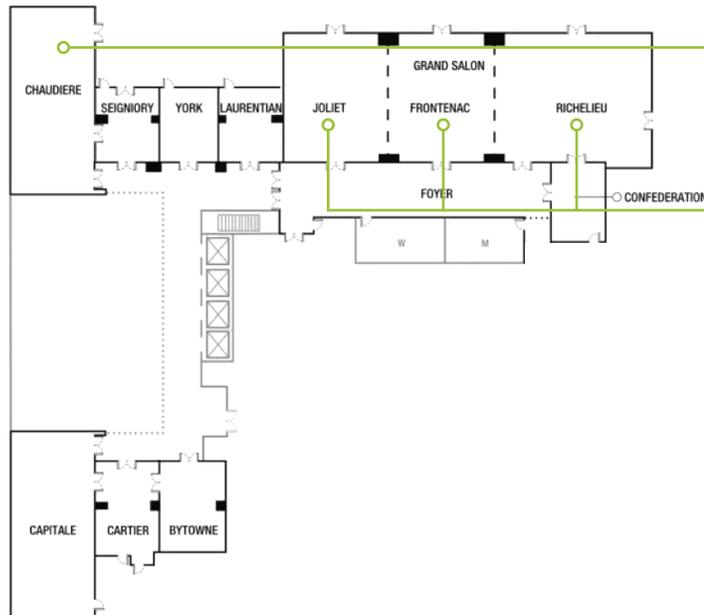
VENUE FLOOR PLAN



Lobby Level

Forum Plenary

Forum Registration



Convention Level

Regional Breakout Room

Regional Breakout Rooms/Workshop Rooms



First Nations Food, Nutrition and Environment Forum

Partnership through Research, Research through Partnership



Assembly of First Nations
55 Metcalfe Street, Suite 1600
Ottawa, ON K1P 6L5
www.afn.ca

Toll-Free: 1.866.869.6789
Telephone: 613.241.6789
Fax: 613.241.5808