



WISE PRACTICES FOR LIFE PROMOTION

Leading with the Language of Life

Bill Mussel Carol Hopkins Ed Connors

AFN Health Forum Winnipeg April 4 2019

A blurred background image of a person walking on a path in a forest. The person is in the center, walking away from the camera. The path is a dirt or gravel trail that curves to the right. The forest consists of tall, thin trees, possibly evergreens, on the left and darker, more dense foliage on the right. The lighting is soft, suggesting an overcast day or late afternoon. The overall tone is muted and naturalistic.

**Introduction To The Wise
Practices Journey
wisepractices.ca**

Overview of Workshop

- Background/Context of Wise Practices Project
- Brief Tour of the Website
- Feather Carriers Example
- Facilitated Small Group Discussion



Workshop Goals

- Introduce participants to our website and a selection of Wise Practices for promoting life among young people based on what is already working and/or showing promise in First Nations communities across the country.
- Showcase the Feather Carriers as one specific example of a Wise Practice.
- Invite participants to offer feedback and commentary on the online resource.

Background / Context

This website is the culmination of a two-year project, funded and initiated by the First Nations and Inuit Health Branch (FNIHB) of Health Canada (now part of Indigenous Services Canada). This work showcases wise practices for promoting life among young people based on what is already working and/or showing promise in First Nations communities across the country, particularly in relation to preventing youth suicide. The online resource is designed to be culturally relevant and responsive to the lived realities of young people and all who are invested in wellness for First Nations youth.

The intention is to honour and give credit to what is already happening in communities throughout Canada, and to draw links and connections among them for mutual benefit. This project aims to both be informed by, and potentially inform, a range of projects and resources related to the promotion of life, resilience and wellbeing among First Nations youth.

Canada

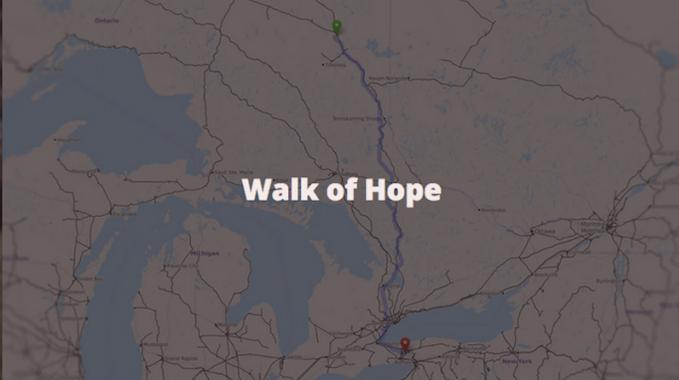


Welcome from Carol Hopkins

A Brief Tour of the Website



Buffalo Riders



Walk of Hope



Moteskano, Metaperotin and Mahikan



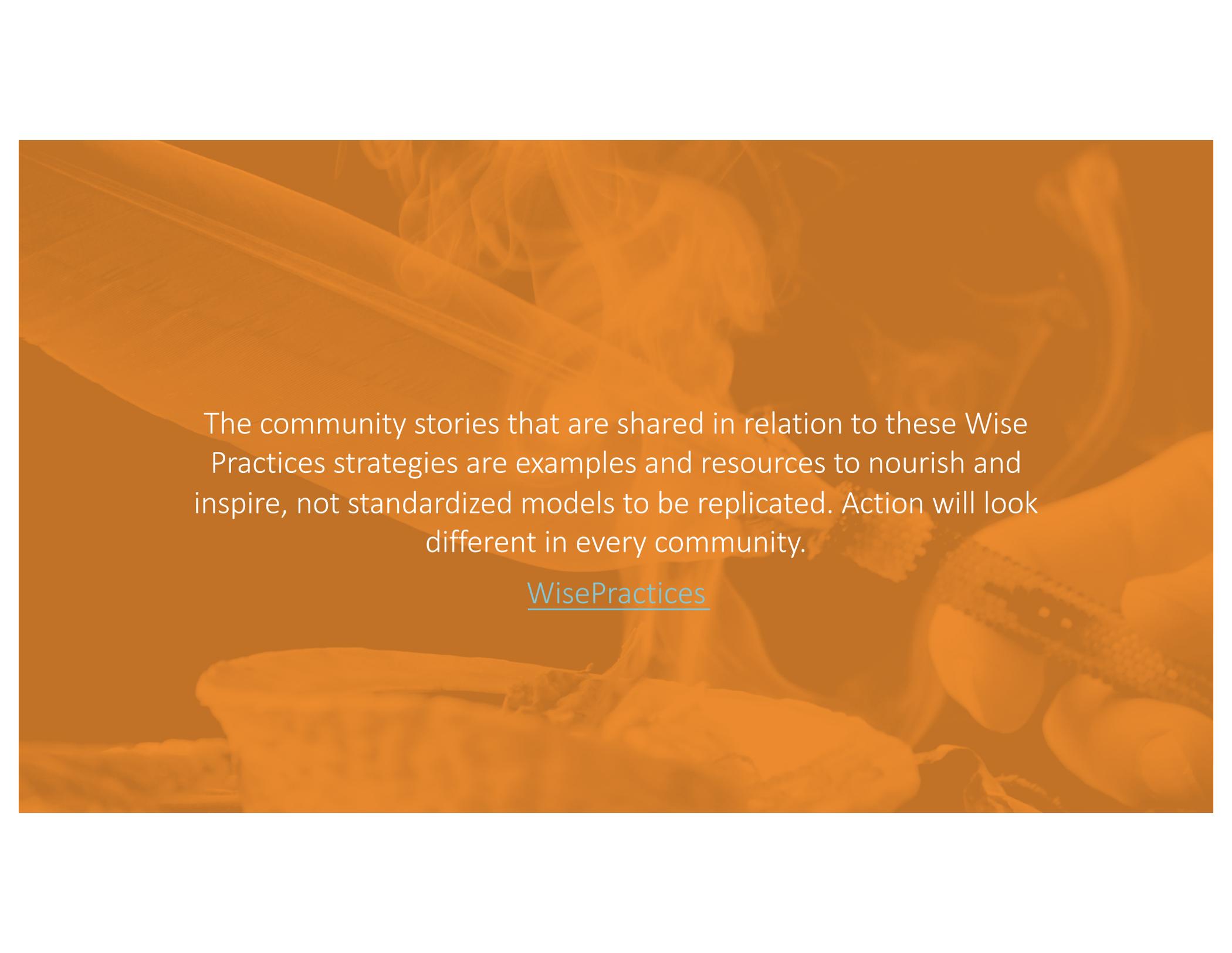
PAGC Youth Action Councils



Stó:lō ASCIRT



Feather Carriers



The community stories that are shared in relation to these Wise Practices strategies are examples and resources to nourish and inspire, not standardized models to be replicated. Action will look different in every community.

[WisePractices](#)



Feather Carriers

Leadership for Life Promotion







A group of people are sitting around a table, engaged in a discussion. The image is overlaid with a semi-transparent red filter. The people are seen from the chest up, and their hands are visible on the table. The background is a plain, light-colored wall.

Small Group Discussion

- What do you appreciate most about the Wise Practices website?
- What are 3 to 5 changes you would recommend to improve it?
- What else would you like to comment on?