



# AFN NATIONAL MENTAL WELLNESS FORUM

*Weaving our stories from the past and present, to strengthen our future*

*The Assembly of First Nations (AFN) National Mental Wellness Forum and Health Information Fair is an opportunity to come together and develop shared goals and priorities that will focus on the Truth and Reconciliation Commission's Calls to Action #19 "to establish measurable goals to identify and close the health outcomes between Aboriginal and non-Aboriginal communities" and build on the teachings of the First Nations Mental Wellness Continuum Framework.*

The Forum will host plenary and dialogue sessions to facilitate discussions on the past, present and identify ways to strengthen the mental wellness of First Nations in the future. In addition, information on key issues will be gathered to support the work of forum participants. A focus on hearing from those with lived-experiences will provide insight for leadership, mental wellness knowledge holders, and workers in the development of future steps.

## Who should attend:

- First Nations Leadership
- Those with Lived-Experiences
- Mental Wellness & Support Crisis Teams
- Federal, Provincial, and Territorial Mental Health Officials
- Youth/Students
- Leaders and Innovators related to Mental Wellness
- Health Directors

Please watch for updates at [www.afn.ca/mentalwellness2019](http://www.afn.ca/mentalwellness2019) or email any questions to [mentalwellness@afn.ca](mailto:mentalwellness@afn.ca) or call toll-free: 1-866-869-6789.

April 1 – 5, 2019

RBC Convention Centre  
375 York Street  
Winnipeg, Manitoba R3C 3J3



# AFN NATIONAL MENTAL WELLNESS FORUM

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## FORUM OVERVIEW

All activities will be taking place at the **RBC Convention Centre, 375 York Street, Winnipeg, Manitoba.**

At this Forum, you will:

- Hear about important ideas and stories from First Nations with Lived-experiences.
- Learn more about supports offered by Mental Wellness and Crisis Support Teams.
- Provide feedback on the needs assessment report for Mental Wellness Teams.
- Engage in dialogue with knowledge holders and government officials on mental wellness.
- Learn about trends that support the mental wellness of First Nations.
- Reflect on key issues and the developments in the future of mental wellness that may affect First Nations.

## FORUM PROGRAM:

### Monday, April 1, 2019

4:00PM – 9:00PM **Forum Pre-Registration Open**

6:00PM – 9:00PM **Welcome Reception**

### Tuesday, April 2, 2019

7:30AM – 5:00PM **Forum Registration Open**

8:00AM – 5:00PM **Health Information Fair open**

9:00AM – 5:00PM **Opening Ceremonies, Plenaries, Panel Presentations**

### Wednesday, April 3, 2019

8:00AM – 5:00PM **Forum Registration Open**

8:00AM – 5:00PM **Health Information Fair open**

9:00AM – 5:00PM **Plenaries, Panel Presentations, and Workshop Sessions**

7:00PM - 9:00PM **Forum Social Evening**

### Thursday, April 4, 2019

8:00AM – 5:00PM **Health Information Fair open**

9:00AM – 12:00PM **Panel Presentations, Workshop Sessions, Closing Plenary**

### Friday, April 5, 2019

9:00AM – 2:00PM **Post- Forum On the Land Activity (TBC)**

*As part of the event, the AFN is hosting a **Health Information Fair**, which is an excellent opportunity to showcase your innovative programs, services, or products and interact with First Nation persons with lived- experience, First Nations leadership, First Nations wellness workers, and other health staff, administrators, non-governmental organizations, and government departments from across Canada. Please contact Karen Hunter at 613.241.6789 ext.203 for more information!*





## FORUM LOGISTICS

### Getting to Winnipeg: Flight Centre

If you do not have a preferred travel agent and require assistance making your travel arrangements to the Forum, please contact Tyler Brennan at Flight Centre Business Travel.

Tyler Brennan, Assistant Manager  
Flight Centre Business Travel – Glebe  
763 Bank Street – Room B  
Ottawa, ON K1S 3V3

Telephone: 613-321-0120  
Toll-free: 1-877-565-5295  
Fax: 613-321-0426  
E-mail: [tyler.brennan@flightcentre.ca](mailto:tyler.brennan@flightcentre.ca)

### Flight Discounts

There are a number of small discounts that can be accessed on Air Canada and Westjet Airlines. These were not available at the time of printing but will be posted on the AFN website under the Mental Wellness Forum page as soon as possible. If you would like to contact us for the applicable codes, please email your request to our Forum email address at [mentalwellness@afn.ca](mailto:mentalwellness@afn.ca).

### Hotel accommodations:

Our host hotel for the Forum is the **Delta Hotel Winnipeg**, 350 St. Mary Avenue, Winnipeg, Manitoba. The room rate is \$169/night plus applicable taxes. Please note that the Delta Hotel Winnipeg is attached to the RBC Convention Centre.

1. **Delta Hotel Winnipeg**, 350 St. Mary Avenue, Winnipeg, Manitoba:

- To book your room online, please go to the following link:  
[Book your group rate for Assembly of First Nations Room Block](#)
- To book your room at the Delta Hotel Winnipeg by phone, please call 1-888-311-4990, asking for the Assembly of First Nations Room Block.

2. **ALT Hotel Winnipeg**, 310 Donald Street, Winnipeg, Manitoba:

The ALT Hotel Winnipeg is about a 10 minute walk from the RBC Convention Centre and they are offering our Forum delegates the rate of \$144/night plus applicable taxes.

**Option 1:** Through the hotel's website (<http://www.althotels.com/winnipeg>), using this designated link:

<https://reservations.travelclick.com/97435?groupID=2480136>

**Option 2:** Through the hotel's website, using the Group's Block Code:

**1904AFN.**

**Option 3:** Directly through the hotel (1-844-946-6258), mentioning the Group Name/Block ID:

**AFN Mental Wellness Forum - 6715571.**

### Mental Wellness Information Fair

Please note that there are a limited number of booths available for the Forum's Mental Wellness Information Fair and the registration fee for a booth is \$840.00. To obtain a registration form or more information on the Information Fair, please contact Karen Hunter by phone at 613.241.6789 ext.156 or by email at [khunter@afn.ca](mailto:khunter@afn.ca).

### Corporate Sponsorship Opportunities

If your company or organization is interested in sponsoring the Assembly of First Nations' National Mental Wellness Forum and Health Information Fair, please indicate your interest by email to [mentalwellness@afn.ca](mailto:mentalwellness@afn.ca)

**DEADLINE: Hotel Room rates are only  
available until Monday, March 18, 2019**



## Delegate Registration Form

Please note that online registration is also available on the AFN website ([www.afn.ca](http://www.afn.ca)).  
Three breakfasts and three lunches will be provided during the Forum.

### CONTACT INFORMATION (Please print):

Mr.  Mrs.  Ms. First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Title: \_\_\_\_\_  
First Nation/Organization/Company Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Town/City: \_\_\_\_\_  
Province/Territory: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

### REGISTRATION DETAILS:

To participate fully in the National Mental Wellness Forum, an accessible venue has been secured. Handout materials may be made available in an accessible format upon request. Kindly let us know if you have any accessibility requirements for the following: persons with vision impairments, accommodation for persons using mobility devices, manual dexterity requirements, or persons who are blind, deaf, deafened, or hard of hearing; or other; recognizing limited resources that may be available.

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### REGISTRATION FEES (Includes GST):

- \$160.00 – First Nation Chief Registration Fee  
 \$160.00 – First Nation Councilor Registration Fee  
 \$160.00 – First Nation Delegate Registration Fee  
 \$315.00 – Corporate/Government Official Delegate Registration Fee

### METHOD OF PAYMENT (Please select one):

Organization cheque (Enclosed)     Visa     MasterCard     Amex  
Card Number: \_\_\_\_\_ Expiry (MM/YY): \_\_\_\_\_  
Name on Card (please print): \_\_\_\_\_  
Card Holder's Signature: \_\_\_\_\_  
Authorized Amount: \$ \_\_\_\_\_ CVC number (on back of card):   
E-mail address for receipt: \_\_\_\_\_

**GST # 13364 9848 RT0001**

**Pre-Registration forms and payment must be received at the Assembly of First Nations office by March 28, 2019.** An administration fee of \$50.00 will apply for all cancellations prior to March 22, 2019; registration fees are non-refundable after March 22, 2019.

**Please make cheques payable to the National Indian Brotherhood.** Payments and registration forms should be submitted to the attention of Tash Cote, Registration Coordinator, National Mental Wellness Forum and Health Information Fair, Assembly of First Nations, 55 Metcalfe Street, 16th Floor, Ottawa, ON, K1P 6L5 or by fax to 613-241-5808 or email to [Tcote@afn.ca](mailto:Tcote@afn.ca)