

# AFN NATIONAL MENTAL WELLNESS FORUM



*Weaving our stories from  
the past and present, to  
strengthen our future*

## SAVE THE DATE

**April 1-5, 2019** | Winnipeg, MB RBC Centre

The Forum is an opportunity to come together and develop shared goals and priorities that will focus on the **Truth and Reconciliation Commission's Calls to Action #19** "to establish measurable goals to identify and close the health outcomes between Aboriginal and non-Aboriginal communities" and build on the teachings of the First Nations Mental Wellness Continuum Framework.

### Who should attend:

- First Nations Leadership
- Those with Lived-Experience
- Mental Wellness & Support Crisis Teams
- Federal, Provincial, and Territorial Mental Health Officials
- Youth/Students
- Leaders and Innovators related to Mental Wellness
- Health Directors

### At this Forum you will:

- Hear about important ideas and stories from First Nations with Lived-experience
- Learn more about supports offered by Mental Wellness and Crisis Support Teams
- Provide feedback on the needs assessment report for Mental Wellness Teams
- Engage in dialogue with knowledge holders and government officials on mental wellness
- Learn about trends that support the mental wellness of First Nations
- Reflect on key issues and the developments in the future of mental wellness that may affect First Nations

*The AFN National Mental Wellness Forum will host plenary and dialogue sessions to facilitate discussions on the past, and present; and identify ways to strengthen the mental wellness of First Nations in the future. In addition, information on key issues will be gathered to support the work of forum participants. A focus on hearing from those with lived-experiences will provide insight for leadership, mental wellness knowledge holders and workers in the development of future steps.*